

UPCOMING SEMINAR

Energy Economics

Building Vitality in the Modern World

November 20-21, 2010

Hyatt Regency Hotel

Newport Beach, CA

Taught by Pedram Shojai



Course Description

This two day seminar is designed to teach the student the fundamentals of energy flow in human life. Pedram will explain the concept of “Energy Economics” and circle through essential lifestyle practices that help enhance Vitality.

The course is designed to have a balanced approach between theory, practice, and experiential learning. We will learn some powerful Qi Gong (energy work) exercises that help invigorate the body and awaken the mind. From there, Pedram will teach some effective purification practices that are designed to clear mental and emotional blockages. Most people do not *lack* energy but have their flow blocked in such a way that they feel tired, depressed, incomplete, or even disorganized. This class is designed to help each student liberate their own energy flow and wake up to their true potential.

There will also be an emphasis on meditation. Most people in the West have jaded notions of what meditation is and Pedram will work to teach some potent and effective practices.

There will adequate time allotted for self discovery and contemplation. Pedram will lead the class through several topics which will then require the student to journal and discover where in their life they have become stuck. From here, tools will be given to unblock this energy and come whole.

The course is designed to be a powerful, eye-opening, and transformative experience for students at any level.



About the Teacher

Pedram Shojai is a dynamic teacher who has studied with masters from various traditions. Having been a Taoist monk for four years, he has a broad background in yoga, meditation, personal transformation, and the martial arts. Pedram is a Doctor of Oriental Medicine and has been an industry leader in the realm of Integrative Medicine for years. He has been a consultant, teacher, personal coach, and lecturer for the past decade. He's been a CEO and he's hitchhiked through India.

Pedram is currently filming two documentary movies and will be in the African wilderness through mid-October. This seminar is the first course he will teach upon his return from Africa.

He is the director of the Taoist Path School of Alchemy (www.taoistpath.com) where he teaches the esoteric arts internationally. The most striking thing about Pedram is not his background, however. He is a regular guy in many ways. Pedram does not hold a "Holier than Thou" attitude and is known for his approachability and friendly nature. Pedram's teaching style is fun and relaxed while his classes are engaging and transformative. A true Taoist, Pedram is the embodiment of the balance he teaches in life.

This seminar will be the first in a series taught around the world starting in 2011 with the release of Pedram's book. Pedram has requested that we maintain a smaller and more personal feel to this seminar so we are limiting the size of this class to 50 people.



Course Details

What you need: Comfortable clothes and a notepad

Time: 8am to 5pm Sat and Sun

Cost: \$395 per person

Hotel: Hyatt Regency Newport Beach

1107 Jamboree Road | Newport Beach, CA 92660

949.729.6070

Special rate of \$179.10/night available to students

Parking: \$5/day

Class size limited to only 50 people!

Registration: (Please print, cut off, and send with check ASAP)

Checks made out to: Vitality Health & Wellness, Inc.

369 San Miguel Drive Suite 265 – Newport Beach, CA 92660

Or you can register at: <http://www.taoistpath.com/energy-economics-seminar>

Name: _____

Address: _____

Phone #s: _____

Email: _____ Staying at hotel? Y / N

How did you hear about this? _____

